



The details of the regular swimming class (from September 2023 to July 2024) are as follow:

Time	Day	Tuesday	Wednesday	Friday	Saturday	Sunday
09:00-10:00am	Self-Entry	VP	VP	MH	MH	MH
10:00-11:00am		VP	VP	MH	MH	MH
11:00-12:00nn		VP	VP	MH	MH	MH
12:00-01:00pm	Free Entry*				MH	MH
02:00-03:00pm	Self-Entry	VP	VP	MH	MH	
03:00-04:00pm		VP	VP	MH	MH	VP
04:00-05:00pm		VP	VP	MH	MH	VP
05:00-06:00pm	Free Entry*	VP	VP		MH	VP
06:00-07:00pm	Self-Entry	VP		MH		

MH: Morrison Hill Swimming Pool VP: Victoria Park Swimming Pool Free Entry* : Students Only

Course Fee

Level I:	Age 4 or below	Age 5 - 6	Age 7 or above
	HK\$1,500.00/ Term	HK\$1,360.00/ Term	HK\$1,280.00/ Term
Level II:	Swimming TWO Strokes and Finish 200M or above by either ONE Stroke----->		HK\$1,180.00/ Term
Level III:	Swimming THREE Strokes and Finish 200M or above by either TWO Strokes----->		HK\$1,080.00/ Term
~7 Lessons for each TERM~ An hour for a Lesson~ **No Extension of Term for make-up class **			
*Parents can choose More than one lesson each week; **In case of any dispute arising from the Programme, the decision of HTS shall be final.			

Swimming Class Reply Slip

Name: (Given name) _____ (Family name) _____ Gender: M / F

Date Of Birth: _____ YYYY _____ MM _____ DD Contact Tel: (F) _____ / (M) _____

Preferred class: _____ (Day of week) From: _____ To: _____ E-mail: _____

Venue: **Morrison Hill Swimming Pool / Victoria Park Swimming Pool**

I have enclosed a cheque* of HKD _____ (cheque no.: _____) for the swimming class fee. *Cheque pay to "HILL TOP SWIMMING CLUB LTD.".

Release of Liability:

I have read and been informed about the content, requirements, and expectations of the Swimming Class 'code of policy' at Hill Top Swimming Club Limited. I have received a copy of the policy and agree to abide by the policy guidelines.

I hereby declare that _____ (name of child) is in good health condition to participate in the above mentioned activity.

I acknowledge that this Release discharges Hill Top Swimming Club Limited from any liability or claims that I may have against Hill Top Swimming Club Limited with respect to personal injury or death caused by health problems or poor fitness.

Parent's name: _____ Signature (parent): _____ Date: _____



Code of Policy

- 1) After the enrollment of classes, confirmation will be made by phone call. Please arrive at the swimming pool 10 minutes before the scheduled class and bring along swimsuit, swimming goggles, towel and slippers etc. (students must wear the swimming cap of our Swimming Club). Parents should pick up their children by themselves.
- 2) Classes start at 5 minutes before each hour (e.g. 18:55), one hour per session. There will be 10 minutes of warm-up exercise to get students physically and mentally ready for the lesson and to prevent injury. Students are reminded to attend the class on time.
- 3) Students will be assessed regularly. Certifications will be awarded to students with excellent performance.
- 4) Special weather arrangement:
If Tropical Cyclone Signal No. 8 (or above) or Black Rainstorm Warning is in force during the lesson time, there will be no arrangement for extended classes. For sick leaves or personal leaves, parents may contact the Swimming Club for make-up class arrangement within the same term.
- 5) All classes will be cancelled and postponed when Typhoon Signal No. 8 or Black Rainstorm Signal is hoisted 2 hours before the class commences. If Typhoon Signal No. 8 or Black Rainstorm Signal is cancelled 2 hours before the class commence, all classes will resume. All classes take place as usual when Typhoon Signal No. 1, No. 3, Amber or Red Rainstorm is in effect.
If the weather condition is severe, parents can call us to inquire about the class arrangement of the day.
- 6) Parents are advised to inform the Swimming Club of students' latest health condition and the suitability of taking classes. The Hill Top Swimming Club Limited accepts no liability for any injury and accidents related to students' health condition.
- 7) Due to the significant temperature difference in winter, students' sensitivity to water temperature may vary. As most of the students in the beginner classes are young children, coaches will pay special attention to students' conditions, and may terminate the classes 10-15 minutes earlier than scheduled for the sake of students' well-being. Parents or nannies should remain at the pool area to take good care of the students.
- 8) Students who are aged over 8 or with height exceeding 1.35M are not allowed to enter or stay in the changing room of the opposite sex. Parents are welcome to use the family changing rooms for changing or showering. The Swimming Club is not responsible for the showering and dressing of students. The Hill Top Swimming Club Limited will not take any responsibility for any injury or loss to the students.
- 9) Students must follow the regulations of the swimming pools:
For safety reasons, students must not run and play in the pool area (including the changing rooms and shower rooms). Without the permission of coaches, students are not allowed to get into the water. The Hill Top Swimming Club Limited does not bear responsibility in any injury or property loss due to the failure to comply with the instructions of coaches or personal negligence.
- 10) Parents should be fully responsible in taking care of their children before and after class. For safety reasons, students are not allowed to stay in the pool area for any purposes. The Hill Top Swimming Club Limited will not be responsible for any loss, injury or accidents.
- 11) The Hill Top Swimming Club Limited reserves the right of recording, photographing or videotaping for record, promotion and training purposes.
- 12) The Hill Top Swimming Club Limited reserves the right of changing the coaches, time and venue of swimming classes.
- 13) All information collected by the Hill Top Swimming Club Limited is restricted for internal use only, and will not be used for any other purposes.

Chief coordinator: Mrs. HUI - 93402448 Coordinator: Coach Amy - 61817800
EXECUTIVE HEAD COACH: Coach LEUNG - 98623277